

HOOFPRINTS A Publication of

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Support TRRC in the Combined Federal Campaign (CFC) using CODE 27269!

Combined Federal Campaign (CFC) is one of the world's largest and most successful annual workplace charity campaigns. CFC reaches nearly 10 million potential donors — active and retired federal and military employees and contractors. The mission of Combined Federal Campaign (CFC) is to promote and support philanthropy through a program that is employee focused, cost-efficient, and effective in providing all federal employees the opportunity to improve the quality of life for all.

SO WHAT ARE YOU WAITING FOR?



Seen on our trail: a magnificent bald eagle! Investigate the trails and all the natural beauty there, even the blue heron fishing for dinner from the stream, or as children call it, the river! But actually **Cattail Creek**! Deer are everywhere, raccoons at the stream, beavers, foxes, turtles, snakes, exotic birds to be identified, examine the creek for creepy, crawling critters. Try to identify and name them all!

AN ANALOGY BY MOTHER MEREDITH

Mother Meredith is a priest in the Episcopal Church. "When my girls were little, this is the time of year--right around the start of school--that they would always celebrate Johnny Appleseed and an apple seed does seem like a perfect metaphor for this parable. There's a whole apple tree hiding inside the smallest seed. Yes, it's an apple tree alright, but it hasn't yet expressed its potential. It's an apple tree, but there's also a process waiting to unfold. That seed has to be planted. It has to be nurtured. It should be pruned and trained and fertilized. Even under watchful care it may be five years before any apples start appearing. Because that's what we're after with both apples and people. Good fruit. Good fruit takes time. For apples it's hastened along by careful care. And that's a process that has to unfold: it takes cultivation, it takes pruning. And so it is with people to reach their true potential."



Caprice Miller <u>capricescustom@gmail.com</u> ROAMING THE SUNFLOWERS OF LISBON!



DRONE DISPERSAL TAKING FLIGHT



The face of agriculture is changing with aerial drones that will replace the traditional crop duster, with speed, efficiency, and cost benefits, capable of spraying up to 135 acres an hour with one half the cost of traditional spraying, especially valuable for vineyards, which can be dangerous for tractors. Watch the skies for **Pyka** (Silicon Valley) and **Volocopter** (Germany) to take to the skies for autonomous aerial sprayers. (*Progressive Farmer, August, 2020*).

MORE CONVERSATIONS FROM THE BARN

Overheard at the barn: "Did you know **Mr. Bean** is an itty-bitty breed?" A child asked me yesterday what was my favorite kind of music, I answered **CLASSICAL IS MY FAVORITE**; I asked her what is her favorite, and she answered: **PRACTICAL!** Then, I asked, if she had a favorite food? Yes, for sure, Mac'n Cheese and trees! You know, broccoli!

WALTER REED NATIONAL MILITARY MEDICAL CENTER AND TRRC!

By Teresa Girod



TRRC is proud to announce that we will be providing therapeutic services to patients from the **Walter Reed National Military Medical Center** (WRNMMC), colloquially referred to as the **Bethesda Naval Hospital**, **Walter Reed**, or **Navy Med**. It is a <u>United States'</u> triservice military medical center, located in <u>Bethesda</u>, <u>Maryland</u>, near the headquarters of the <u>National</u> <u>Institutes of Health</u>. It is one of the most prominent <u>U.S.</u> <u>military</u> medical centers in the <u>Washington</u>, <u>D.C.</u> <u>metropolitan area</u> and the United States, having served numerous U.S. presidents since the 20th century.

Patients will include Military Veterans, as well as children from the WRNMMC pediatric department. The children taking lessons will be those being treated for cancer. One of our new young riders is an adorable 8 year old boy with a brain tumor. He has a team of committed TRRC Staff members to guide him through his ride on **Dude**. Ladies from **Saint Paul's Episcopal Church** are crocheting patriotic scarves for our Military Veteran Riders.

TRRC PRACTICES THE MOTH PRINCIPLE:

To spread light and warmth throughout the surrounding communities. Remember the movie **THE FIELD OF DREAMS (1989)** "Build it, and they will come, New ideas, new programs, new opportunities, ever-changing initiatives to be better."

Make a difference this holiday. Shop for gifts at <u>smile.amazon.com/ch/52-</u> <u>1368120</u> to generate donations for Therapeutic and Recreational Riding Center, Inc. and check out our <u>AmazonSmile Charity</u> <u>Lists</u> to donate items we need most

amazonsmile

Looking for a way to help? Shop our AmazonSmile Charity Lists to donate items we need #DeliveringSmiles

> "Failing means you dared to be different! Try new ideas!" (Unknown)

"Hardships often prepare ordinary people for an extraordinary destiny." (C.S. Lewis)

TRRC WELCOMES NEW BOARDER!!!

By Teresa Girod

TRRC would like to welcome it's newest boarder, Jenn Sullin-Stair. Jenn fits in beautifully with our current organization and brings her own horses to board. It is easy to spot Jenn as she roams through the center taking care of horses, helping with instruction of new patients, or taking gorgeous photographic shots of the TRRC family and nature, including masterful sunsets. Jenn also brings with her a cadre of therapeutic companions, including goats, pot bellied pigs, and barn cats. The children just love our new additions to the TRRC. If you have an opportunity to visit, please stop by to see our latest menagerie of therapeutic animals.



TRRC rider Luis Cotto checks out the goats!

A NEED HAS SURFACED: WE ARE IN DIRE NEED OF CURRENT, NEW SMALL RIDING HELMETS RECURRING MONTHLY PLEDGES--SO CONVENIENT, AND SO NEEDED. JUST GO TO TRRC WEBPAGE TO GIVE DIRECT AND FOLLOW THE FEW, EASY STEPS AND YOU'RE DONE!