



# HOOFPRINTS

A Publication of

The Therapeutic and Recreational Riding Center, Inc.

410-489-5100

[trrc01@aol.com](mailto:trrc01@aol.com)

[www.trrcmd.org](http://www.trrcmd.org)

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Editor-in-Chief: Dr. Helen Tuel ([trrc01@aol.com](mailto:trrc01@aol.com))

Managing Editor: Katie Helene ([khelene@umd.edu](mailto:khelene@umd.edu))



## THE MEMORIAL INITIATIVES NEED YOUR SUPPORT!

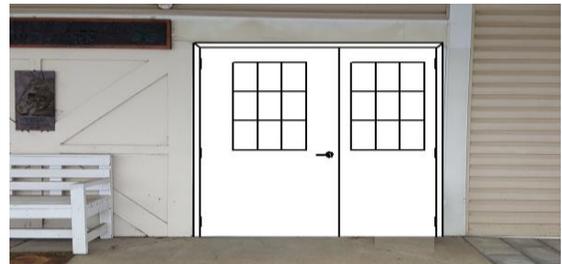
Please consider donating to the **chairlift** for the indoor arena in memory of **Anne Sieling** and for the **Bank Barn** door **entrance** in memory of **Bill Ballentine**. We need your boost to bring them to completion. Thank you!



Bill Ballentine

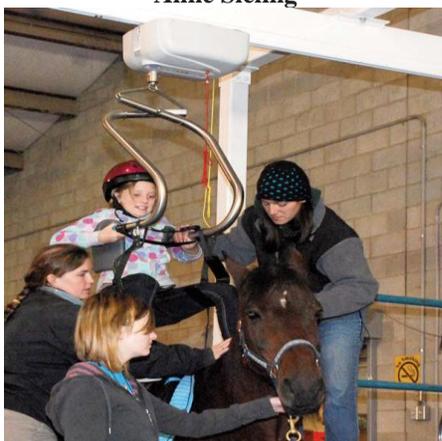


Anne Sieling



## TRRC TESTIMONIAL!

*TRRC: The day my occupational therapist found your establishment online was the beginning of my healing. Equine assisted therapy was new to me. An hour with two therapists. One a licensed therapist, another a licensed PATH instructor. And me. A mess. An emotionally exhausted mom with multiple sclerosis, two young boys, a husband, three dogs, a peacock, sheep and chickens!! I previously spent so much time, energy and money on physical and occupational therapy elsewhere. I was tired of trying so hard and only making*



**"What life have you, if you have not life together? There is no life that is not in community."**

**(T.S. Eliot/The Rock)**

slow progress. Something was missing. I was a wall walker (I needed walls to balance myself). Steps were an unsafe obstacle. Physical and emotional strength were tapped out. Temperatures outside above eighty degrees left me limp and almost motionless. I had bought a walker and used the electric cart at the store. Cooling devices were my friend—and a necessity. Walking sticks littered my car, doorways and house. Then I was blessed by a dear woman referring me to TRRC. For me it all started with Lisa and Barb. Then I met Helen, who so enthusiastically welcomed me aboard. And then I was introduced to Warf - a four-legged darling. Then there was Betsy, Agua, and Pemi. My spirits were lifted. My love of animals larger than I had been re-ignited. I was gaining confidence in myself, my abilities, and my body. I started volunteering. Brushing, grooming, combing manes and tails. Walking, grazing, bathing. Anything that needed to be done. Oh yeah -mucking too!! Water buckets, stalls, treats. With each job came the feeling of accomplishment. As did the desire to get stronger, to build my stamina. The more I did, the better I felt. My limitations have been lifted. Neuro plasticity is in motion. Positive imagery - a new way of seeing things. New friends made. So, if you have wondered what TRRC does? It saves lives. Retired horses and overtired people. It strengthens us. It makes us better people. This house has strong bones. For me, it has given me the ability to be me.

## VOLUNTEERS BRING



## TO BANK BARN!

Thanks to a generous grant from **Constellation Energy** and some expert volunteer work, the TRRC Bank Barn now has Internet service that is even faster than our horses! On August 1<sup>st</sup>, **DuBois Murphy**, **Ron Hutchison**, and **Steve Towne** completed a project that has been a few months in the making. DuBois carefully strung a special ethernet cable into the Bank Barn where Ron used his professional skills to connect it to a new high speed wireless router. Steve helped it all come together into a solution that will serve us and those using the Bank Barn for seminars etc. in the years to come. A big "thank you" to all who helped make this possible!

## DECK PAINTING AT TRRC

By Victoria Serrano



Today we had the privilege of helping TRRC repaint the decks at the main house. It's so nice to know that we were able to help out this wonderful nonprofit who does so much for the children in their community. Though it was very hot, our work was highly rewarding with the satisfaction of knowing we made a difference. During the Covid crisis it is important and vital that we all stay together and work together to accomplish tasks big and small. It was very rewarding to see the reaction of Dr. Helen Tuel when she saw the finished product. It helped us know that all our hard work was worth it. There is nothing better than to give from the heart and as the saying goes "There's more happiness in giving than

### The newly painted deck



receiving.” Thank you TRRC for allowing us to be of use! We look forward to helping out again soon!  
-Victoria Serrano, Juliana Serrano, Valentina Ortiz-Guevara, Alexandre Demaimay, and Yohann Demaimay.

## REMEMBER THE TORTOISE AND THE HARE?



Remember the mythical tale: **THE TORTOISE AND THE HARE?** Slow and steady wins the race? Just like **Dave Furman** (left) and **Mark Clark** (right), who refused to give up on the repair of the RTV here. Success at last! Along with **Captain Floyd**--the one with the floppy ears--who also loves cat food--this team has saved the Center a couple of thousand dollars!

## NEED SOME GOODLUCK??



**Helen Tuel** reports that “A lady at church today handed me a wax-pressed sheet of four-leaf clover shamrocks

for the children, which she picked from the church grounds! How very nice. I will bring the sheet to the office, and anyone can clip a square and share with the riders. I wonder, if the riders know it is good luck? Just to end this day with a bit of a day-brightener! I have included **Teresa Girod** from church, too, so she knows **Linda Sharpe** fulfilled her goal to pick some for the children here, or for whomever you think could benefit from some Irish tradition!

If you're under a  
**TORNADO WARNING**  
seek shelter right away

INDOORS	OUTDOORS
Get to a safe room, basement, or storm cellar.	 If you can safely get to a sturdy building, do so immediately.
If there's no basement, get to a small, interior room on the lowest level.	 If there's no nearby shelter, take cover in a stationary vehicle.
Use your arms to protect your head and neck.	 Do not get under an overpass or bridge. You're safer in a low, flat location.
Stay away from windows, doors, and outside walls.	 Watch out for flying debris, which causes significant fatalities and injuries.

Ready. FEMA

Check out the new mounting block, designed and built by father to rider **Brooke, Mark Kumagai**, with wheels and handles for easy movement to other locations! Thanks so much, Mark!



# REMINDER: TRRC ARTS EVENT AND POET LAUREATE GRACE CAVALIERI!



We will be hosting an **Arts Event and Silent Auction** on **September 19, 2020**, from **1:00 until 5:00**. We have invited artists from Howard County and the surrounding counties to exhibit their works of art including, but not limited to, paintings, jewelry, handmade children's clothing, and photography. We will be serving food, beverages, and wine, and will be having a **Silent Auction**. The Arts Event will be a hybrid event, with portions of the event being hosted live and other portions, **the Grace Cavalieri, Maryland's Poet Laureate** introduction and the silent auction being hosted live AND via ZOOM. The Arts Event will be COVID compliant. Please put the date and time on your calendar and we look forward to celebrating the arts with you at the beginning of Fall !

WHEN GREAT TREES FALL  
and when great souls die, after a period of  
peace blooms, slowly and always  
irregularly. Spaces fill with a kind of  
soothing electric vibration. Our senses,  
restored, never to be the same, restored ,  
whisper to us. They existed. They existed.  
We can be. Be and be better. For they  
existed.

*Maya Angelou*

**TRRC IS SEARCHING FOR: SHOP VAC FOR IN-  
DEPTH CLEANING**



# MORE ACCOLADES TO ACKNOWLEDGE!



Cleaning continues at the bank barn, thanks to **Elder Brady** and **Elder Nelson**, missionaries from **The Church of Jesus Christ of Latter-day Saints**, who provided service hours to assist the Center in preparation for a nine day clinic here, and this Center is so appreciative of these several visits. **TRAIL BLAZERS TO THE RESCUE! THANKS AGAIN, TO JEFF ALLISON AND DAVE FURMAN** attacking the trail overgrowth with a walk-behind bush hog, which attacked and conquered the jungle so riders can experience "nature-up-close-and-personal" and the cooler temperatures, too, with a canopy of various shade trees, up hills and down, and wildlife all about on all sides!

# BOY SCOUT NEEDS FUNDING FOR EAGLE PROJECT AT TRRC



Hi! I am **Adam Martinson**, a boy scout from local **Troop 540**. I am working towards my Eagle Scout rank, and I am excited to have the opportunity to build a new tractor shed for TRRC. Currently, TRRC is storing one of their tractors where it can be affected by the weather or be stolen. The shed will store the tractor in a safe and convenient location, and my fellow scouts will help me build it. Because it will be of substantial size, it will require a lot of funding--possibly as much as \$800 for materials such as lumber, roofing, tools, and other equipment. Any donation would be greatly appreciated! To donate go to <https://www.trrcmd.org/> Check out the "What's New" area and the <https://www.trrcmd.org/make-a-donation> page!

