# **Volunteers Wanted**

TRRC, Inc. is currently seeking volunteers to assist with the therapeutic riding program.

# Volunteer opportunities include but not limited to:

- GROOMING AND TACKING HORSES
- LEADING HORSES
- SIDE-WALKING
- ASSISTING STUDENTS with horses before and after lessons
- GARDENING, WORKING on trails

Tuesday, Wednesday, and Saturday shifts available...

No experience is necessary...

Volunteers must be at least 14 years of age...

# THE R

#### **DIRECTIONS:**

#### From Baltimore:

Take 1-70 West to Rt. 32 South.

Take the exit toward Ten Oaks Rd/Burntwoods Rd.

At the traffic circle, take the 2nd exit.

At the next traffic circle, take the 1st exit onto Burntwoods Rd.

Turn left at fork onto Shady Lane. Drive 1 mile.

TRRC is on the right.

#### From Washington, DC:

Take Rt. 97 North (Georgia Ave) through Olney and Sunshine. Turn right onto Burntwoods Rd. Drive .7 miles. Turn right onto Shady Lane. Drive 1 mile. TRRC is on the right.



# Therapeutic Rider Packet Contents



Thank you for your interest in the Therapeutic and Recreational Riding Center, Inc. (TRRC), a premier accredited program through the Professional Association of Therapeutic Horsemanship International (PATH).

Enclosed you will find the forms necessary for therapeutic riding lessons.

#### Forms in Packet:

- 1. Therapeutic Rider Contract (2 pages)
- 2. Rider Application and Health History (2 pages)
- 3. Authorization for Emergency Medical Treatment
- 4. Medical History and Physician's Statement
  - This form is to be completed by the rider's physician.
  - For riders with Down's syndrome, please have the physician complete the second section (block) of this form.
- 5. Confidentiality Policy and Agreement
- 6. Rider Behavior Contract
- 7. Fire Evacuation Procedure
- 8. Caregiver Information Sheet
- 9. Billing Information Sheet

# PLEASE BE SURE YOU READ AND UNDERSTAND THE NINE FORMS ABOVE!

Forms 1, 2, 3, 5, 6, 7, & 8, require rider, parent or guardian signatures. Form 4 requires signature of the rider's physician.

Forms 1 - 9 must be completed and returned BEFORE your evaluation.

#### 10. Membership Application

- Membership is optional
- Membership donation fees along with grants and fundraisers subsidize 50% of program services. We deeply appreciate your donation, large or small. Your membership donation will help fund scholarships, purchase/maintain equipment, equine support, maintain/upgrade facilities and bring smiles to our many riders and their families.

TRRC, Inc. is a 501(c) (3) non-profit charitable organization. In an effort to keep costs at a minimum for our riders, TRRC, Inc. *depends* on the volunteer efforts of riders' family and friends. The Center is always in need of volunteers to donate an hour or two (or more) each week.

Volunteers can help in many ways, depending on their interest and skills, and on the needs of the Center. Leading, side-walking, grooming and tacking the horses; stable management, fund-raising, special events and office work all offer excellent volunteer opportunities. Training, support and social events are available. If you are interested or know anyone who might be, please contact TRRC, Inc. at 410-489-5100.

TRRC, Inc. is a Premier Accredited Program through the Professional Association of Therapeutic Horsemanship International (PATH) and is a member of the Federation of Riding for the Disabled International.

We are a smoke, alcohol, and drug-free environment!





# **Therapeutic Rider Contract**

(Note: This form NEEDS 2 (two) signatures on the second page - if not completed, there will be <u>NO RIDING</u>, a ground lesson only!)

Participant's Name:	DOB:	
Responsible Party:	Relation	nship:
Address:		
City:	State:	Zip Code:
Home Phone:	Work/Alt. Phone:	
Cell Phone: E	-Mail:	
Billing Address (if different from above)		
Therapeutic Rider Fees: Initial Evaluation	on - \$85.00	
<u><b>Group:</b></u> One Hour - \$49.00	<u>Semi-Private</u> : One Hour - \$74.00 Half Hour - \$42.00	<u>Private:</u> One Hour - \$86.00 Half Hour - \$48.00

**Pre-payment** of 6 (six) sessions is required at initial visit. TRRC, Inc. will then bill you on a monthly statement for 4 (four) weeks. After a 4-session pre-payment is used up, another pre-payment charge occurs automatically. If you choose to withdraw before all prepaid sessions are used, the credit will then be forfeited and donated to a scholarship fund to support a child in therapy. Payment is due and payable upon receipt of said statements. An **insurance liability surcharge** of \$45 **will be charged with the first six sessions and annually thereafter.** TRRC, Inc. reserves the right to change fees at any time.

#### Credit Balances:

Any credit balance for lessons not used within a six-month period will be donated to the TRRC, Inc. Scholarship Fund.

- To keep Therapeutic Riding Lessons affordable to riders, 50% of the cost is subsidized by private donations, grants and fundraisers.
- To keep our costs down and our services on-going, TRRC, Inc. relies largely on family members to volunteer in the arena leading and sidewalking, and to volunteer time and assistance in fundraising events.

Please come to the lesson 1/2 hour early to assist with tacking and grooming, and be prepared to stay 1/2 hour after class to assist with untacking and cooling off the horse.

#### **TRRC Cancellation Policy**

- TRRC, Inc. requires 24 hour notice for the cancellation of a lesson by calling the Center at 410-489-5100 or e-mailing Trrc01@aol.com and trrcrobin@verizon.net. Due to the complexity of the team's preparation for each lesson, less than 24 hour notice negatively impacts both efficiency of lessons that day and resources available. TRRC, Inc. reserves the right to charge a \$40 cancellation fee if sufficient notice is not given. An occurrence of 3 consecutive lessons cancelled without appropriate notice will result in forfeiture of the time slot held to allow for TRRC, Inc. to best serve all clients in need of services.
- In the event of a no-show, no call, a lesson charge will be applied. (Hardship/medical absenteeism situations may receive special exception).

Please continue the **Therapeutic Rider Contract** on Page 2 . . .





<u>THERAPEUTIC AND RECREATIONAL RIL</u>	DING CENTER, INC.	PATH INTERNATIONA
Participant's Name:	DOB:	Professional Association of Thera Horsemanship International
Medical Information & Approval for Riding: TRRC, Inc. reserves the right to reto make the final judgment of whether the applicant/rider is medically able to participate applicants/riders under age 20 with Down's Syndrome will be required to have a negative treatment (evaluation).	in equine activities. In addition,	
<u>Prescription Medicine</u> : All non-emergency prescription medicine should be used by volunteer, student/camper and family visitors) needing emergency medication due to a file by a physician. In order for TRRC, Inc. staff to administer emergency medication, refilled out and on file. Parents/Guardians and adult volunteers are responsible for keepi update. Any emergency medication should be carried at all times and include specific	pre-existing condition, should have elease and emergency contact for ng their own files current beyond 1	e this noted in ms must be
Representation: Rider and/or Responsible Party warrant and represent that Rider is preventing him/her from engaging in active exercise or that will be detrimental to his/her does so engage or participate. This representation is made by the Rider and Responsisame representation with respect to riding or other activities offered.	r health, safety or physical condition	on if he/she
<u>Apparel</u> : ALL RIDERS MUST WEAR A SAFETY HELMET THAT MEETS ASTM/SE Both are provided by TRRC, Inc. Proper clothing includes long pants and hard-soled s TRRC, Inc. staff reserves the right to inspect and approve/disapprove of gear and/or re other conditions.	hoes with a heel. Sneakers are pr	ohibited.
$\underline{\text{Valuables}}$ : Everyone is urged to avoid bringing valuables on the premises. TRRC, I for loss, theft or damage to personal property of riders, family members or guests.	nc., its agents or employees, shall	not be liable
<u>Liability</u> : Rider and/or rider's family and guests using the facilities and equipment, do liable for any damages arising from personal injuries or damages sustained in, on or at assume full responsibility for any injuries or damages, and do hereby and forever, releasemployees and agents, from any and all claims, demands, damages, rights or causes of known or unknown, anticipated or unanticipated, resulting from or arising out of the rider facilities and/or equipment.	out the premises. Rider and Resp ase and discharge TRRC, Inc. and of action, present or future, whethe	oonsible Party its owners, r the same be
Age and Weight Restriction: All riders must be four (4) years of age to ride (PAT developmental challenges - according to the medical community the movement of the heack. For the health and safety of rider, horse and staff, TRRC has a weight restriction prior to riding as a condition precedent to their participation.	norse is too much on a young child	's head and
Rules and Regulations: Rider and Responsible Party agree to abide by all TRRC or amended, orally or written, at TRRC's sole discretion.	, Inc. rules and regulations which r	nay be issued
Right of Cancellation: Rider or Responsible Party has the right to cancel this agre business days after TRRC's receipt of the contract. Cancellation must be in writing and registered mail, to: Therapeutic and Recreational Riding Center, Inc., 3750 Shady Lan	d delivered in person, or sent by ce	
This Agreement constitutes the entire and exclusive agreement between the parties. A oral or written - pertaining directly or indirectly to the Agreement which is not contained may be modified only by an instrument in writing and signed by all parties.		
<b>→</b>		
	nature of 2 <sup>nd</sup> Parent/Guardian	Date
TRRC'S INSURANCE REQUIRES THE 2 <sup>ND</sup>	SIGNATURE.	

I affirm under penalties of perjury that I am the sole legal guardian of \_ \_. I agree to indemnify TRRC for any costs including attorney's fees, expert or otherwise in the event that my representation is untrue and I am not the sole legal guardian. This indemnification of TRRC is to be construed as broadly as possible for any claim, allegation or suit requiring TRRC to obtain legal representation and/or pay any damage arising out of my representation to TRRC.

Signature of Responsible Party from Page 1

Therapeutic Rider Contract - Page 2 of 2







(Note: This form NEEDS 2 (two) signatures on the second page - if not completed, there will be <u>NO RIDING</u>, a ground lesson only!)

#### **GENERAL INFORMATION**

Age: Weight*: Height: Gender: M F *For the health and safety of rider, horse and staff, TRRC has a weight restriction of 190 pounds. All riders agree to be weighed prior to riding as a condition precedent to their participation.  Address: City: State: Zip Code: Alt. Phone: Alt. Pho	Participant:						
of rider, horse and staff, TRRC has a weight restriction of 190 pounds. All riders agree to be weighed prior to riding as a condition precedent to their participation.  Address:				Height:	Gender:	M F	* For the health and safety
Main Phone: Cell Phone: Alt. Phone:	of rider, horse and staff, T	RRC has a weigh	ht restriction of	f 190 pounds. Al	l riders agree	to be weigl	ned prior to riding as a
E-mployer/School: Phone:	Address:			City:		State:	Zip Code:
E-mployer/School: Phone:							
Employer/School: Phone: Address: Address: Parent/Legal Guardian: Caregivers: Address (if different than above): Phone: Phone: Address (if different than above): Phone: Ph							
Address:						Phone:	
Parent/Legal Guardian:    Caregivers:							
Caregivers:							
Address (if different than above):							
Phone:							
Referral Source: Phone:							
How did you hear about the program?  Riding Ability: Beginner (Less than 2 yrs. experience) Novice (2-6 yrs. experience) Intermediate (6-12 yrs. experience) Advanced (12+ yrs. experience)  HEALTH HISTORY  Diagnosis: Date of Onset: Please indicate any current or past special needs/concerns in the following areas:  Yes No Comments  Vision							
Riding Ability: Beginner (Less than 2 yrs. experience) Novice (2-6 yrs. experience) Intermediate (6-12 yrs. experience Advanced (12+ yrs. experience) Novice (2-6 yrs. experience) Intermediate (6-12 yrs. experience Advanced (12+ yrs. experience) Novice (2-6 yrs. experience) Intermediate (6-12 yrs. experience Advanced (12+ yrs. experience) Novice (2-6 yrs. experience) Intermediate (6-12 yrs. experience Advanced (12+ yrs. experience) Novice (2-6 yrs. experience) Intermediate (6-12 yrs. experience Advanced (12+ yrs. experience) Novice (2-6 yrs. experience) Intermediate (6-12 yrs. experience)	Referral Source:					Phone: _	
Advanced (12+ yrs. experience)  HEALTH HISTORY  Diagnosis: Date of Onset:  Please indicate any current or past special needs/concerns in the following areas:    Yes   No   Comments	How did you hear about the	program?					
Diagnosis:	Riding Ability: Begin	ner (Less than 2 yr	s. experience)	Novice (2-6	yrs. experience)	Int	ermediate (6-12 yrs. experience
Diagnosis:	Advar	nced (12+ yrs. expe	erience)				
Diagnosis:	HEALTH HISTORY						
Please indicate any current or past special needs/concerns in the following areas:  Yes No Comments  Vision Hearing Sensation Communication Heart Breathing Digestion Circulation Emotional/Mental Health Behavioral Pain Bone/Joint Muscular Thinking/Cognition Allergies					Data a	f Onact:	
Yes         No         Comments           Vision         Hearing           Sensation         Communication           Heart         Heart           Breathing         Digestion           Circulation         Emotional/Mental Health           Behavioral         Pain           Bone/Joint         Muscular           Thinking/Cognition         Allergies						i Onset	
Vision         Hearing           Sensation         Communication           Heart         Breathing           Digestion         Circulation           Emotional/Mental Health         Behavioral           Pain         Bone/Joint           Muscular         Thinking/Cognition           Allergies         Allergies	Please indicate any curre	ent or past speci	al needs/conce	erns in the follow			
Hearing Sensation Communication Heart Breathing Digestion Circulation Emotional/Mental Health Behavioral Pain Bone/Joint Muscular Thinking/Cognition Allergies		Yes	No		Co	mments	
Sensation Communication Heart Breathing Digestion Circulation Emotional/Mental Health Behavioral Pain Bone/Joint Muscular Thinking/Cognition Allergies							
Communication Heart Breathing Digestion Circulation Emotional/Mental Health Behavioral Pain Bone/Joint Muscular Thinking/Cognition Allergies							
Heart Breathing Digestion Circulation Emotional/Mental Health Behavioral Pain Bone/Joint Muscular Thinking/Cognition Allergies							
Breathing Digestion Circulation Emotional/Mental Health Behavioral Pain Bone/Joint Muscular Thinking/Cognition Allergies	Communication						
Digestion Circulation Emotional/Mental Health Behavioral Pain Bone/Joint Muscular Thinking/Cognition Allergies	Heart						
Circulation Emotional/Mental Health Behavioral Pain Bone/Joint Muscular Thinking/Cognition Allergies	Breathing						
Emotional/Mental Health  Behavioral  Pain  Bone/Joint  Muscular  Thinking/Cognition  Allergies	Digestion						
Behavioral Pain Bone/Joint Muscular Thinking/Cognition Allergies							
Pain Bone/Joint Muscular Thinking/Cognition Allergies	Emotional/Mental Heal	th					
Bone/Joint  Muscular  Thinking/Cognition  Allergies	Behavioral						
Muscular Thinking/Cognition Allergies	Pain						
Thinking/Cognition Allergies	Bone/Joint						
Allergies	Muscular						
Allergies	Thinking/Cognition						
<u> </u>							

cont. on next page



N	PATH INTERNATIONAL
Pro	fessional Association of Therapeutic Horsemanship International

Participant/Rider:		DOB:	anship International
Please list pertinent information under the appro	opriate headin	g:	
MEDICATIONS (include prescription, over-the-cour	nter & herbal; n	ame, dose, and frequency):	
Describe your abilities/difficulties in the following	ງ areas (includ	de assistance required or equipment needed):	
PHYSICAL FUNCTION (e.g., mobility skills such a	ıs transfers, wa	lking, wheelchair use, driving/bus riding):	
PSYCHOSOCIAL FUNCTION (e.g., work/school systems, companion animals, fears/concerns, etc):	issues, grade c	completed, leisure interests, relationships-family structure, s	upport
GOALS (i.e., why are you applying for participation?	' What would y	ou like to accomplish?):	
To my knowledge, there is no other information abou	it the applicant	that is pertinent to TRRC, Inc. and/or riding horses:	<b>L</b>
Signature of Responsible Party from Page 1	Date	Required Signature of 2 <sup>nd</sup> Parent/Guardian D	ate
TRRC'S INSUI	RANCE REG	QUIRES THE 2 <sup>ND</sup> SIGNATURE.	
If there is a special circumstance, pl	ease contac	ct Dr. Helen Tuel, Founding Director, TRRC, In	ıc.
I affirm under penalties of perjury that I am the sole le TRRC for any costs including attorney's fees, expert legal guardian. This indemnification of TRRC is to be TRRC to obtain legal representation and/or pay any	or otherwise in e construed as	the event that my representation is untrue and I am not the broadly as possible for any claim, allegation or suit requiring	sole
Signature of Responsible Party from Page 1	Date	_	
participants in the program. TRRC, Inc. is herel	by granted pe	nade of riders, volunteers, staff members and other rmission to make use of such photos/videos in which resentations for public awareness, educational/resear	
PHOTO RELEASE			
	ıls taken of me	se and reproduction by TRRC, Inc. of any and all e for promotional material, educational activities, exhib	oitions
Signature:		Date:	
Rider, Parent o			

TR Rider Application and Health History – Page 2





# **Authorization for Emergency Medical Treatment**

Rider's Name:	DOB:	Phone:	
Address:			
Primary Physician Name:			
Preferred Medical Facility:			
Health Insurance Co.:			
Allergies to medications:			
Current medications:			
In the event of an emergency, contact:			
Name:	Relationship:	Phone #:	
Alt. Phone #:			
Name:		Phone #:	
Alt. Phone #:			
	t and transportation as ne to authorized individual of italization, medication, ar el. This provision will onl or Legal Guardian	eeded. or agency involved in medical emerge and any treatment procedure deemed " ly be invoked if the person(s) above is Date:	life s unable
NON-CONSENT PLAN: I do not give my consent for receiving services or while on the property of TRRC,  —— Parent, legal guardian or caretaker will in the event emergency treatment/aid is	Inc. remain on site at all times d	uring equine assisted activities	e
			_
Non-Consent Signature: Rider, Parent or L Signed in presence	egal Guardian e of Center staff	Date:	_
Printed Name of Above:		Phone #	

# TRRC.

# THERAPEUTIC AND RECREATIONAL RIDING CENTER, INC.



Date:	
Dear Health Care Provider:	
Your patient,	
(participant's name)	
is interested in participating in supervised equine activities.	
Physician's Statement form. Please note that the following	that you complete/update the attached Medical History and conditions may suggest precautions and contraindications to ease note whether these conditions are present, and to what
Orthopedic	Medical/Psychological
Atlantoaxial Instability - include neurologic symptoms	Allergies
Coxarthrosis	Animal Abuse
Cranial Defects	Cardiac Condition
Heterotopic Ossification/Myositis Ossificans	Physical/Sexual/Emotional Abuse
Joint subluxation/dislocation	Blood Pressure Control
Osteoporosis	Dangerous to Self or Others
Pathologic Fractures	Exacerbations of Medical Conditions (e.g., RA, MS)
Spinal Joint Fusion/Fixation	Fire Setting
Spinal Joint Instability/Abnormalities	Hemophilia
Neurologic	Medical Instability
Hydrocephalus/Shunt	Migraines
Seizure	PVD
Spina Bifida/Chiari II Malformation/Tethered	Respiratory Compromise
Coed/Hydromyelia	Recent Surgeries
Other	Substance Abuse
Age - under 4 years	Thought Control Disorders
Indwelling Catheters/Medical Equipment	Weight Control Disorder
Medications - e.g., Photosensitivity	
Poor Endurance	
Skin Breakdown	

Thank you very much for your assistance. If you have any questions or concerns regarding this patient's participation in equine-assisted activities, please feel free to contact TRRC Inc. at the address/phone listed below.

Sincerely,

DR. HELEN TUEL, Founding Director, TRRC, Inc. 410-489-5100





# **Medical History and Physician's Statement**

Participant:			_ DOB:	Height:	Weight:
Address:					
Diagnosis:				Date of Onset:	
Past/Prospective Surgeries:					
Medications:					
Seizure type: Controlled: \					
Shunt Present: Y N Date of last revision:					
Special Precautions/Needs:					
Mobility: Independent Ambulation Y N	Assist	ed Am	bulation Y	N Wheelchair	Y N
Braces/Assistive Devices:					
TRRC, Inc. requires that individuals with Down sy baseline is established, furth	er X-ra	ys are	at the discretion	of the parents and phys	sician.
Date of X-rays: Radiologi	st:			Resul	ts: + -
Neurological symptoms of Atlanto-Axial Instability:		ſ	<b>7</b> Present	🗇 Absent	
Please indicate any special needs/concerns:	Yes	No	Со	mments (if necessary, co	ontinue on back)
Auditory				, , , , , , , , , , , , , , , , , , , ,	,
Visual					
Tactile Sensation					
Speech					
Cardiac					
Circulatory					
Integumentary/Skin					
Immunity					
Pulmonary					
Neurologic					
Muscular					
Balance					
Orthopedic					
Allergies (i.e. asthma, bee sting, dust)					
Learning Disability					
Cognitive					
Emotional/Psychological					
Pain Other					
Other					
Given the above diagnosis and medical information, activities. I understand that the PATH Intl. accredited precautions and contraindications. Therefore I refer participation.	d cente	r, TRR	C, Inc., will weig	h the medical informatior	given against the existing
Name/Title:				MD DO NP PA	Other
Signature: Date:					
Address:					

License/UPIN Number:

# TRRC.

## THERAPEUTIC AND RECREATIONAL RIDING CENTER, INC.



# **Confidentiality Policy and Agreement**

TRRC, Inc. shall preserve the right of confidentiality for all individuals in its program. Any and all full and part-time staff, independent contractors, temporary employees, board members, volunteers, and others, shall keep confidential all medical, social, referral, personal, and financial information regarding a person and his/her family.

TRRC, Inc. recognizes that a rider/participant of his/her family members may not have legal authority to disseminate information, whether due to age or mental capacity. As a general rule, infants and children under the age of 18 years DO NOT have legal authority to consent to disclosure. Only parents, legal guardians, or others (as defined by the state statute) have this authority. Adults with developmental disabilities are presumed legally competent to give or deny disclosure unless they have been adjudicated incompetent to make this type of health care decision. If a substitute decision-maker has been appointed, TRRC, Inc., and its representatives, must obtain specific and informed written consent from that individual.

The policy extends to all situations involving TRRC, Inc. and its clients, whether or not any information was disseminated accidentally or on purpose.

TRRC, Inc. shall not disseminate to its employees or others, knowledge of a person's medical or sensitive information unless there is a risk to others through casual contact and permission has been obtained.

TRRC, Inc. shall reserve the right to use universal precautions for all situations in which staff may be exposed to the blood of a rider. TRRC, Inc. shall act under the assumption that all riders may have a blood borne disease. Such actions do not indicate a breach of confidentiality, but rather a general policy for use in all situations in which persons are exposed to another's blood.

TRRC, Inc. shall only disclose information to outside agencies/individuals with the specific written consent of the rider/legal representative. In cases of medical emergency due to illness or injury while receiving services or while on the property of TRRC, Inc., this policy shall recognize to the required Authorization for Emergency Medical Treatment as such required written consent.

Any breach of the above confidentiality policy by staff, volunteers, and other persons will result in:

- 1) a documented verbal warning;
- 2) a formal written reprimand;
- 3) dismissal.

# **Confidentiality Statement**

				' observe t				

Signature	Date	Witness Signature	Date
Print Name			



### **Rider Behavior Contract**



#### THE BOTTOM PORTION MUST BE SIGNED and RETURNED TO TRRC!

At TRRC, Inc., safety is our top priority. To ensure the safety of the riders, staff and horses, we ask that you review the following guidelines with your child. Both the parent/guardian and student should sign the contract and return the bottom segment to TRRC, Inc. If the rider is an adult, we ask you to sign this as well.

- 1. Arrive 30 minutes before your lesson to allow time to find your helmet and be prepared for your lesson.
- 2. Students will wear a properly fitted ASTM/SEI approved helmet at **ALL** times while mounted. Helmets are the most important piece of equipment you will have. Although we do have spare helmets, we strongly recommend you purchase your own properly fitted helmet.
- 3. Students will wear shoes with a heel (preferably boots) and long pants.
- 4. Students should not mount until they are instructed to do so
- 5. We encourage the students to take responsibility for their horses. Students should (when appropriate) bring their horses to the arena. They may help groom, tack, and after their ride, untack and take out the horses if they are done. This should always be done with the permission and supervision of the staff.
- 6. NO ONE will be allowed to hurt or abuse the horses, staff or fellow riders. Unacceptable behavior will result in early dismissal from the class. If such behavior is not corrected, the student may be asked to leave the program.
- 7. The student agrees to listen to the instructor/therapist and follow directions.
- 8. Students are encouraged to ask questions and ask for help when needed.
- 9. No running or roughhousing in the rider support building, arena, barn and other areas where horses are present.
- 10. Touching another rider or instructor in an inappropriate manner may be grounds for removal from the program.
- 11. Please do not enter stalls without the permission of the instructor/therapist or paid staff.
- 12. When offering horses a treat, we require you to use the "carroting method" of placing the treat in a dish and slipping it under the door. Putting your hand through the bars can be dangerous as the horses may mistake your fingers for a treat. Carrots, apples and horse cookies are all welcome. No sugar cubes or candy, please - it hurts their teeth.
- 13. When in the observation room, please speak quietly and do not tap on the glass it scares the horses.
- 14. NO SMOKING, NO DRUGS (except prescription medication) and NO ALCOHOL use prior to riding.
- 15. Please be respectful of the horses, equipment and people while you are at TRRC, Inc.
- 16. HAVE FUN!!!!!

I (we) have read the above contract and agree to follow the above rules set by TRRC, Inc. I understand that failure to follow the above rules may lead to dismissal from the program.

Participant Signature	Date	YOUR COPY
Parent/Guardian	Date	
Cut Horo		

Please sign and return this portion to TRRC, Inc. If the rider is a minor, both the parent and child should sign the contract.

I (we) have read the above contract and agree to follow the above rules set by TRRC, Inc. I understand that failure to follow the above rules may lead to dismissal from the program.

Participant Signature	Date	Printed Name of Participant
Signature of Parent/Guardian	Date	
		TRRC'S COPY (TR Rider Behavior Contract)
Parent/Guardian	Date	,



#### **TRRC Fire Evacuation Procedure**



#### THE BOTTOM PORTION MUST BE SIGNED and RETURNED TO TRRC!

## When the FIRE ALARM sounds:

- All riders and family members must immediately and orderly exit the Rider Support Building, stalls or arena and
  proceed to the flag court at the top of the hill. Delay in exiting the building could interfere with trained staff
  assisting riders needing support, and the horses.
- Exit the building at the nearest EXIT (marked with the red EXIT sign and a spot light).
- All riders on the trails will dismount and remain in radio contact to await further instruction.
- Do NOT return into any building, stall or arena again for ANY REASON.
- A senior staff member has been assigned to sweep the building and assure that every single person is out of the building and all rooms are vacated. Once the building has been checked, the staff will be able to assist with the horses.
- Do NOT go into any of the riding arenas or stalls to help the staff, or to retrieve riders or horses. The staff has been trained on the proper emergency evacuation procedures and will join family members at the flag court. NO HORSES WILL BE RESCUED UNTIL ALL PEOPLE ARE SECURED SAFELY.
- Do NOT attempt to assist with the horses. They could become very unpredictable and <u>dangerous</u> with all of the activity, noise and smells. Allow only trained staff members to work with the horses.
- Do NOT drive away from TRRC when the fire alarm sounds even if you have your rider. Moving vehicles will add to the confusion and are too dangerous with all of the movement of people and horses.
- All vehicles and debris must stay clear of the fire lanes and driveway to allow access by Emergency Vehicles.
- Once the "All Clear" is given, staff, riders, and family members can proceed back to the buildings for normal operations.

Thank you for following these life-saving procedures to assure the safety of our loved ones, both human and animal.

By signing below, I agree to follow	the Fire Evacuation Procedures	YOUR COPY
Rider/Guardian Signature	Date	
Cut Here		
By signing below, I agree to the Fi	re Evacuation Procedures	
Rider/Guardian Signature	Date	
Printed Name of Rider/Participant		TRRC'S COPY (Fire Evacuation)



# Parent/Guardian/Caregiver Information Sheet



Thank you for choosing TRRC, Inc. Our primary goal at TRRC is **safety**. You can help us to keep your child safe by following a few simple rules:

- > Please arrive 30 minutes before your child's lesson to allow sufficient time to be ready for the lesson.
- Remember to have your child wear the proper riding clothing: ASTM/SEI approved helmet, boots and long pants. Students will not be allowed to ride in sneakers or shorts. She/he must always wear an ASTM/SEI approved helmet when mounted.
- No dangling jewelry. No perfumes, as they attract bees and biting insects.
- Assist your child with getting their horse only if you feel comfortable and the student has been approved for this activity. Allow the student to do the job as much as possible.
- Please do not mount the student unless requested to do so by the instructor.
- The relationship between the instructor and rider is very important. If your child is having any problems or has special needs, please inform the instructor about it. We are here for you.
- > Please do not enter stalls or allow your child, siblings, and friends to do so unless supervised by staff.
- Do not put your hands or allow your child, siblings, and friends to put hands through the bars of the stall. Horses are strong and might mistake a finger for a carrot. Please follow our "carroting policy" and place the treat on a dish and slip it under the door.
- You are welcome to bring treats for the horses. Carrots, apples and horse cookies are all welcome; no sugar cubes or candy, please it hurts their teeth.
- > Please remind your child, siblings, and friends not to run or make loud noises in the rider support building, arena, and around the horses.
- ➤ When in the observation room, do not tap on the glass it scares the horses. Encourage children to speak, move quietly in this area strong sounds can scare the horses.
- Please no flash photography. The flash may frighten the horses. If time allows, staff will be happy to take the horse outside into better lighting.
- No dogs are allowed in or around the barn and arenas (indoors or outdoors). If you bring your dog and need to walk it, please keep it on the leash and well away from the horses and riders.
- ➤ If you see anything that might be unsafe or dangerous, such as reins that are hanging loose or someone in trouble, PLEASE notify a staff member immediately.
- ➤ We encourage all family members to be current in CPR/First Aid. The Center has an AED (Automated External Defibrillator) an oxygen tank is located with the AED. Staff is certified annually in its use.
- We welcome your help. If you would like to volunteer, please let us know.
- If there is anything you need, please do not hesitate to ask.



# Therapeutic and Recreational Riding Center, Inc. Billing Information Sheet (TR)



# **PRINT ALL INFORMATION**

		DATE:	
Rider Name: (PRINT)	Last		_
	First		_
Address: (PRINT)	Street		_
	City	State	Zip
For emergency	notifications, including closure due to NUMBER WITH	o inclement weather, IN AN ASTERISK ( * )	DICATE PREFERRED CONTACT
Home Phone:		Alt. Phone:	
Cell Phone:			
E-mail address:	PRINT CLEARLY!		
Rider DOB:		(mm/dd/yyyy)	
Preferred method receive monthly		Hard mail	
Printed Names of Parent(s)/Guardia			
_	ic and Recreational Riding Center, In 10-489-5100 Fax: 410-489-3	•	tine, Glenwood, MD 21738

rev. 07/19 - TR



# **Membership Application**



TRRC, Inc. is a 501 (c) (3) non-profit charitable organization. We could not offer quality services without support from the community. The private donations, grants, and fundraisers subsidize 50% of program services. We deeply appreciate your donation, large or small. Your membership donation will help fund scholarships, purchase/maintain equipment, equine support, maintain/upgrade facilities, and bring smiles to our many riders and their families.

I would like to become a Member. I have enclosed \$\_\_\_\_\_\_\_ for the membership level checked below:

would like to be	ecome a Member. I l	have enclosed \$	for the member	ership level checked below:
		Hoofprints Pony Mustang Stallion Thoroughbred	\$ 35 under \$100 \$100 \$500 \$1,000	
Name:	Last		First	
Address:				
Home Phone:	City		State Cell/Alt Phone:	Zip Code
	······································	<del></del>		
				(FEEAGL FRINT)
r di onto, Oddi di				<del></del>
My employer h	as a matching gift pr	ogram: Y N	(If yes, please	forward a copy of the policy)
I am a Federal	Employee (The CFC	C Campaign accepts TRRC	s, Inc.): Y	N
Please fill in belo	ow if this is a gift memb	ership:		
Name:	Last		First	
Address:			City	State Zip Code