



HOOFPRI^NT^S

A Publication of

The Therapeutic and Recreational Riding Center, Inc.

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A LIFE WELL LIVED TO ITS FULLEST!



Anne Sieling's life ended on **Thursday, May 14, 2020**, at 7:45 pm. Anne and many TRRC staff members have



Anne on Legend at TRRC

many memories that go back decades; we had so much fun together at TRRC and in our world-traipsing travels. And, Anne was such a TOURIST! She loved to travel and planned every expedition in great deal, so no tourist site was missed or a new eatery to investigate! Many of you may not know what a fabulous contralto voice Anne had in addition to so many accumulated talents, which

come to-mind: artistic, photography, video creations, *equestrienne*, to name a few. How about all her sailing expeditions to some adventurous, read risky, remote locations? Anne was extraordinarily faithful to causes she believed in, like equal justice for all, equal treatment of all our citizens, equal rights for women. She attended political rallies frequently. Remember her clever fundraising asking-letters she created year after year for decades for us? I am sure, readers, you have received many of those! Anne was an aficionado of photographic creativity, and an artist extraordinaire. TRRC wants to create a **Memorial Fund** here to keep Anne's legacy alive and burning brightly. One item we really need, which she would have liked to have been involved in, is the much-needed **SureHands Chair Lift** in the larger indoor arena for those who are more physically involved and who need to mount more independently and safely.



Today, the fire in her hard-driving talents and the rose of her love of humans and horses are one. (*T.S. Eliot*).



For more information on the **SureHands Lift** see their web site at: <https://www.surehands.com/solutions/horseback-riding>. If you would like to donate to this **Memorial Fund** in memory of **Anne Sieling**, please use the yellow tab on the left side of the main page “**Donate to TRRC**” on our website: <https://www.trrcmd.org/> and in the comments section please indicate the donation is in memory of **Anne Sieling**. Alternatively you can call **Dr. Helen Tuel** at **410-489-5100** and let her know you want to donate and she will call you back, or you can also write a check and mail it to **TRRC, 3750 Shady Lane, Glenwood MD, 21738** and specify in the memo section it is for **Anne Sieling**. TRRC will notify the family on your behalf.

CRISES BREEDS INVENTION!



When a crisis occurs, people are pressed into unfamiliar duties, but these people themselves are surprised what can be accomplished during troubling times. **Barn Manager Corey Gallagher** and **Assistant Barn Manager Ashley Whitlock** experienced constant changes with reduced staff during this pandemic, but people rose to the occasion to accomplish everything, whatever was asked. Did you know Support Staff **Daphne Harrington** has been repairing and waterproofing dozens of winter coats and rain sheets? This effort saves the Center a fortune in costs! **Daphne** and son **Braydon** refreshed the yellow warning fence

around the gas tanks with a new coat of safety yellow and new **FLAMMABLE** signs, too. Artists of families here have created and are creating additional safety signs to be ready upon our reopening. **Teresa Girod**, **Alta Kumagai**, and **Daphne Harrington** are creating these new signs. **Teresa Girod** designed note cards with **KitKat** on the cover and his memorial page inside. She also painted a portrait of **KitKat** for the **Heaven Wall** to comfort and promote healing for all the families here. **Garden Group GROW ON** has been busy while we have been closed to begin spring chores and plantings. The TRRC farm is never really closed, just on sabbatical for awhile.

RIDING OUT THE PERFECT STORM

THE COVID-19 LOCKDOWN. TRRC was never really closed; work continued, including working through the Memorial Day holiday weekend: the feeding team never missed a feeding for all the equines and continued to maintain their physical conditioning: **Barn Manager Corey Gallagher**, **Assistant Barn Manager Ashley Whitlock**, certified instructor **Brichard Foley**, long-serving support staff **Lauren Toole**, somewhat new support staff **Daphne Harrington** and soon-to-be support staff son **Braydon**. Volunteers **Jeff Allison** and **Dave Furman** continued their farm chores, as usual. **Sharron Snapp**, the lead for the GROW ON gardening group continued to prepare the vegetable garden for spring planting; **Steve Novick** was here tirelessly to weed-whack all the garden areas and open spaces. **Rick Martinson** and his team assembled to refurbish the horse run-in shelters; **Mark Kumagai** tackled a new mounting block, so additional mounting areas could be created in various locations to abide by social distancing guidelines. **Steve Towne**, for upgrading the Center’s various sound systems at arenas and at the bank barn. **Dick Stevick** will be re-evaluating all the security cameras. **Amy Donovan** continued to sew protective face masks for us and the community at-large. **Volunteer Coordinator Lynn Moorhead** tackled disinfecting and sanitizing all areas frequented by riders, staff and volunteers, to prepare for re-opening with a cadre of volunteers. Kudos to all of you

The roots of success are planted in knowledge.

“You cannot do a kindness too soon for you never know how soon it will be too late.”
(Ralph Waldo Emerson)

WHO WE ARE AND WHAT WE DO

We are your neighbor where you live and work and play and invest! We are farmers--we grow healthy children! We grow hope! Equine-assisted therapy in a natural setting.

- Howard county conservancy teaches outdoor education and stream science here.
- TRRC is developing a mental health component.
- In place presently: Parent Support Group, whose members meet monthly in the bank barn to teach arts & crafts, cooking, and social skills.
- Special Olympics Equestrian Team, 23 members.
- Scouts: Boys and Girls for Eagle Award and Gold Award projects.
- Interns from surrounding colleges and beyond: to observe and learn where community health begins and the impact.
- Military families: veterans and their children
- Garden group: children and adults learn to select seeds, plant, weed, harvest, market, and make healthy food choices.
- Staff: 15% have special needs.
- Two enclaves from Howard County Public School System: clean rider support building, fill hay racks, clean buckets learn to be on-time, to tell time.
- Plein air artists everywhere with brushes and easels.
- Working with Artstream Company to bring art improvisation classes, public speaking, and using speech pathology techniques, self-advocacy, self-expression, through art forms.
- New Indoor Therapy arena, for riders with sensory challenges.

*"There may be people that have more talent than you, but there's no excuse for anyone to work harder than you do."
(Former New York Yankees shortstop
Derek Jeter)*

CONVERSATIONS OVERHEARD AT THE BARN!



When the children were introduced to our smallest pony, Mr. Bean, the children proclaimed, "Where is the rest of him?" I assured them this was all of him! Another child asked, "Do you think he has big dreams, like maybe he dreams he is a Clydesdale?" I assured the curious, young riders, Mr. Bean was very happy that smaller is mighty!

"Sometimes riders do not need an instructor, but a cheerleader to encourage when disappointed, and tell them they are doing their best."

"See me. See who I am, not my wheelchair, which is only a prop for me to move from A to B!"

May 18, 2020

Dear Helen and John,

Just wanted to express our appreciation for this help during our time of transition. The projects available at TRRC are always fun and filled with learning, new friendships, + personal growth!

Much Love,

