



# THERAPEUTIC AND RECREATIONAL RIDING CENTER,

## Participant Behavior Contract

**THE BOTTOM PORTION MUST BE SIGNED and RETURNED TO TRRC!**



At TRRC, Inc., safety is our top priority. To ensure the safety of the participants and horses, we ask that you review the following guidelines with your child. Both the parent/guardian and participant should sign the contract and return the bottom segment to TRRC, Inc. If the participant is an adult, we ask you to sign this as well.

1. Participants will wear a properly fitted ASTM/SEI approved helmet at **ALL** times while mounted. Helmets are the most important piece of equipment you will have. Although we do have spare helmets, we strongly recommend you purchase your own properly fitted helmet.
2. Participants will wear shoes with a heel (preferably boots) and long pants.
3. Participants should not mount until they are instructed to do so
4. We encourage the participants to take responsibility for their horses. Participants should (when appropriate) bring their horses to the arena. They may help groom, tack, and after their ride, untack and take out the horses if they are done. This should always be done with the permission and supervision of the therapists.
5. **NO ONE will be allowed to hurt or abuse the horses, staff or fellow riders. Unacceptable behavior will result in early dismissal from the session. If such behavior is not corrected, the participant may be asked to leave the program.**
6. The participant agrees to listen to the instructor/therapist and follow directions.
7. Participants are encouraged to ask questions and ask for help when needed.
8. No running or roughhousing in the rider support building, arena, barn and other areas where horses are present.
9. Touching another participant in an inappropriate manner may be grounds for removal from the program.
10. Please do not enter stalls without the permission of the instructor/therapist or paid staff.
11. When offering horses a treat, we require you to use the "carrotting method" of placing the treat in a dish and slipping it under the door. Putting your hand through the bars can be dangerous as the horses may mistake your fingers for a treat. Carrots, apples and horse cookies are all welcome. No sugar cubes or candy, please - it hurts their teeth.
12. When in the observation room, please speak quietly and do not tap on the glass – it scares the horses.
13. **NO SMOKING, NO DRUGS** (except prescription medication) and **NO ALCOHOL** use prior to riding.
14. Please be respectful of the horses, equipment and people while you are at TRRC, Inc.
15. **HAVE FUN!!!!**

I (we) have read the above contract and agree to follow the above rules set by TRRC, Inc. I understand that failure to follow the above rules may lead to dismissal from the program.

\_\_\_\_\_

Participant Signature Date

\_\_\_\_\_

Parent/Guardian Date

**YOUR COPY**

**Cut Here**

Please sign and return **this portion** to TRRC, Inc. If the Participant is a minor, both the parent and child should sign the contract.

I (we) have read the above contract and agree to follow the above rules set by TRRC, Inc. I understand that failure to follow the above rules may lead to dismissal from the program.

\_\_\_\_\_

Participant Signature Date Printed Name of Participant

\_\_\_\_\_

Signature of Parent/Guardian Date

\_\_\_\_\_

Parent/Guardian Date

**TRRC'S COPY**  
(Participant Behavior Contract)